

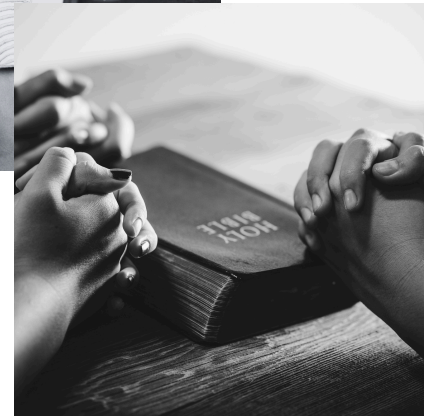
Discipleship Huddle



STARTING GUIDE

Citylight South exists to glorify God by multiplying Jesus centered disciples and churches of all nations. Huddles are one way that we intentionally hope to accomplish our mission!

A huddle is a group of 3-5 people of the same gender that meet regularly for discipleship. Discipleship is empowered by the Holy Spirit and involves intentionally growing believers towards gospel-centered, biblical maturity in Christ through accountable relationships.



BEGINNING STEPS OF A HUDDLE

Find a time and place for your huddle to meet. Most groups meet every other week, and this is a great starting point. Block out the decided time in your calendar and make it a priority!



At your first meeting, share your testimony with one another and answer the following questions:

- What was your life like before you met Jesus?
- When did you receive Him as your Lord and Savior?
- Where are you now in your walk with Christ?



Share with one another what excites you about starting a huddle, and share the specific sin struggles or life challenges you are currently dealing with that you'd love support or accountability with. Spend some time praying together, and before you leave, determine a structure you will use moving forward (see following pages for ideas).



RECOMMENDED STRUCTURES



RECOMMENDATION #1

Each week, work through the following blocks:

(1) **Share Life Updates** (20 min) - Each person take 5 minutes to discuss work, relationships, witnessing and any other updates since the last time you met.

(2) You have three options for this next 20 minute block of time:

- **Share What God is Teaching You** - Each person take 5 minutes to share a passage of Scripture that has been impactful over the last couple of weeks. Share why it is impactful.
- **Bible Reading** - Everyone in the huddle will read the same passage of Scripture, and spend 20 minutes discussing the passage. For example, one of the guys groups has been doing one chapter of Romans every time they meet.
- **Book Study** - Find a topic that interests everyone in the huddle, and read a couple chapters between meetings. At huddle meetings, walk through how the book is shaping your view of God and impacting your life. Here are a few book recommendations.
 - *Tactics* by Greg Koukl - Book about apologetics/how to evangelize and various strategies.
 - *Women of the Word* by Jen Wilkin - Gives instruction on how to correctly read the Bible. ****Both men and women can read this book****
 - *Disciplines of a Godly Man* By R. Kent Hughes - Men's group book challenging men to grow in godliness.
 - *Disciplines of a Godly Woman* by Barbara Hughes - Women's group book challenging women to grow in godliness.
 - *The Holiness of God* by RC Sproul - Book that shapes your view of God and helps understand the significance of His holiness.

****There are many great books out there to study together! Just make sure that what you choose is biblically sound, points you to Jesus and His truth, is relevant to everyone in the huddle, and challenges you all as well.**

(3) **Confess Sin** (10 min) - Each person takes a couple of minutes to share one sin struggle over the last couple weeks. After everyone has shared, one person read a passage of Scripture that reminds the group that our sin is forgiven by Christ (ex. Ps 103:11, Col 2:13-14, 1 John 1:9). Brainstorm ways you can intentionally turn away from your sin and turn to Jesus over the next two weeks.

(4) **Pray** (10 min) - Pray for victory over the confessed sin and for any other prayer requests.

RECOMMENDATION #2



(1) Get in God's Word together

- **Scripture** - Read the passage
- **Observe** - What observations did you make?
- **Apply** - How does this apply to our lives?
- **Pray** - Pray for God to use this passage in your life

(2) Repent and confess

- Be honest and vulnerable!
- Name the sin/struggle
- Identify the lie
- Point to Jesus and the gospel -
 - What do you need to believe in Jesus?
 - What promise do you need to cling to in Jesus?
 - How does Jesus actually provide you with what you need and desire?
 - What is something that you need to behold in Jesus about who He is and how good He is?
 - What is a verse/scripture that you can look to for truth?
- Repent
 - Pray - confess the sin to God, ask for forgiveness, and ask for His help to believe the truth about Jesus, who He has made you, and the truths of the gospel. Ask for His help to put that sin to death.
 - Think through next steps:
 - to believe those truths and not believe lies
 - to continue to rely upon the Spirit
 - to be wise and not put yourself in a situation that encourages you towards sin

(3) Outreach

- What people are we pursuing for Christ?
- What steps are we going to make towards them this week?

(4) What's up in your life?

- What is encouraging you?
- What is discouraging you?
- What anxieties do you have?
- How are you doing emotionally?
- (If applicable) How is your marriage/dating relationship? How are your kids?
- What can we celebrate in your life?

NOTE: These are only suggestions. The great thing about huddles is that they are your own. Please take or leave any of these suggestions and pray through ways that you think God is calling your huddle to grow together.

FREQUENTLY ASKED QUESTIONS

HOW LONG SHOULD A HUDDLE MEETING LAST?

Unless the whole group agrees that they'd like more time together, it is usually a good idea to keep your huddle meeting to **one hour max** to be considerate of everyone's time. In general, it is helpful to have a person who volunteers to be the "point person" for the group to get meetings scheduled and make sure the group stays on task.

HOW MANY PEOPLE SHOULD BE IN A HUDDLE?

Four is an ideal number--however, five works as well. Four is nice because if one person misses, the group can still meet with three people. The general rule of thumb for many huddles is that if three or more can make it, they meet. If only two can make it, they push the meeting back one week. But this is up your group's discretion!

HOW LONG SHOULD A HUDDLE MEET BEFORE MULTIPLYING?

The desire is for huddles to meet for approximately 12-18 months. Hopefully, in that time frame, you will have raised each other up in the gospel and in God's Word and become ready to multiply your huddle in order to pour into others who aren't in one! We want to make disciples, and huddles are a huge way we do that!

WHAT TRAPS SHOULD WE TRY TO AVOID?

(1) Becoming just a Bible study/information transfer. When this happens, your group studies the Word and talks about it, but you are not growing in relationship with one another or being challenged to reach out to the world. (2) Becoming merely a time to talk about life and there is little accountability or encouragement to know Christ and become more like Him.

ANY OTHER ADVICE?

Create a group text and use it to your advantage. Some huddles text gifs everyday after they read the Word as a way to hold each other accountable. Some huddles text one verse of Scripture from their reading time. Group texts are also nice for adjusting meeting dates and immediate prayer requests.

EMAIL JENNY@CITYLIGHTSOUTH.CHURCH IF YOU HAVE MORE QUESTIONS!